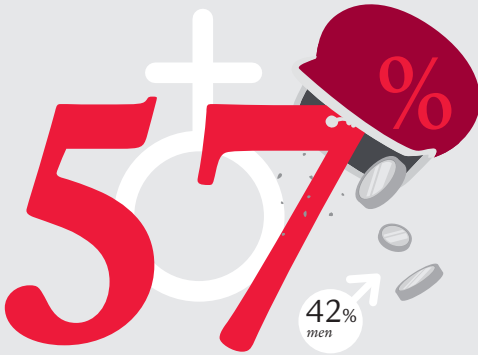
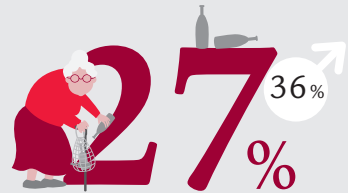


# Self-determination and financial confidence

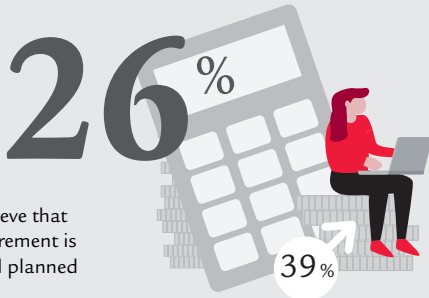
## Women and financial self-determination



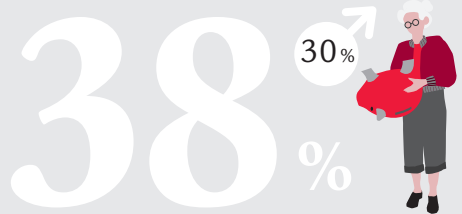
of women worry about not having enough money to lead a self-determined life



believe that pension provision will allow them to lead a self-determined life in old age



believe that retirement is well planned



believe they will be worse off financially at the time of retirement than they are today

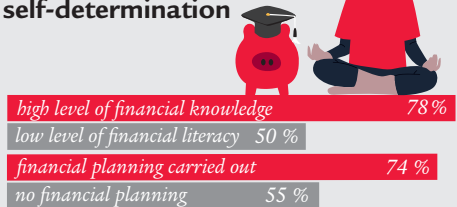
## Part-time employment complicates pension provision



of part-time employees feel that their household is financially secure

of part-time employees assume that their pension provision will enable them to lead a self-determined life in old age

## Financial knowledge and financial planning increase self-determination



high level of financial knowledge 78%

low level of financial literacy 50%

financial planning carried out 74%

no financial planning 55%

The Swiss Life self-determination barometer is based on the results of a representative online survey conducted by Swiss Life and Bilendi, in which around 1000 people aged 18 to 79 participated from 28 June to 8 July 2021. The figures are rounded.

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